

EDUCATIONAL ENTERPRISES – PROFESSIONAL DEVELOPMENT WORKSHOPS
Fall/Winter 2021-2022
Offered VIRTUALLY



WE CAN ALSO BRING ANY OF THESE WORKSHOPS TO YOUR DISTRICT!
(VIRTUALLY OR IN-PERSON)

November 19th, 2021

8:30 – 10:00

The Impact of Sensory Systems and Motor Planning on Self-Regulation, Student (& Staff) Wellness, and Education

Presenter: Roberta Cohen – MS, OTR

The focus of this presentation is to better understand sensory systems and motor planning and how challenges affect a person's well-being (both for students and staff). Participants will become familiar with these concepts and interventions:

- Traditional sensory systems
- "Hidden" sensory systems & motor planning
- Sensory processing (over and under responses) and self-regulation terms
- NSS (neurological soft signs) and Polyvagal theory (regulation and trauma)
- Classroom needs and interventions
- OT directed interventions

Efficient processing of sensory input can facilitate student learning and executive functioning by enhancing modulation and self-regulation as well as motor planning. Student emotional wellness will be enhanced as the youngster's skill level and self-image improve. Staff emotional wellness will in turn be facilitated as they can focus on teaching.

EDUCATIONAL ENTERPRISES – PROFESSIONAL DEVELOPMENT WORKSHOPS
Fall/Winter 2021-2022
Offered VIRTUALLY

December 3rd, 2021

8:30 – 10:00

Note-Taking Tools for students with Executive Functioning Challenges

Presenter: Rasheda Islam – Assistive Technology Specialist

Taking notes helps students focus on information that's important, increases comprehension, and supports memory. Students with Executive Function challenges have difficulty with staying focused, organization, and managing time. In this workshop, we will go over various strategies and note-taking tools that can be used in the classroom.

10:30 – 12:00

Gamified Learning with Google Slides

Presenter: Louise Ortiz, Assistive Technology Specialist

Games are a great way to get students engaged and excited about learning; and Google Slides is an easy and versatile tool for digital games. Not only that- there are tons of templates ready-made for the taking! Join this workshop and learn how to use Google Slides for Gamified learning for any subject.

December 17th, 2021

9:00 – 12:00 (half day)

Staff Wellness Retreat

Presenter: Teri Kelly, Doctor of Physical Therapy, Yoga/Mindfulness Specialist

Our Staff Wellness Retreat is a 2 ½ hour immersive experience dedicated to self-care. We provide educators time and space to disconnect from the demanding stressors of work; and reconnect with their passion, which led them originally to teaching. In this retreat, we will take time to reflect on our purpose, and share meaningful stories about how we have positively impacted our youth. We will discuss the importance of self-care, and encourage participants to share their own experiences as to what works best for them. We will explore and experience various multi-sensory self-care practices including such things as: breathwork, guided meditation, body scan, sound therapy, tapping, and aromatherapy. Participants will leave the retreat with an overall sense of calmness, a revitalized commitment to their students and a renewed dedication towards their own self-care, so that they can continue to have a positive impact on their students.

EDUCATIONAL ENTERPRISES – PROFESSIONAL DEVELOPMENT WORKSHOPS
Fall/Winter 2021-2022
Offered VIRTUALLY

January 7th, 2022

8:30 – 10:00

Stepping Into the World of Adult Services and Supporting Families Through the Transition Process

Presenter: Andrea Vaccaro (Transition Coordinator), Judy Purcel (Job Coach)

This presentation will provide you with information and guidance through Adult Life Coordination. Learn how families work together to foster a smooth transition into the adult world.

10:30 – 12:00

Brain Health – 5 to Thrive

Presenter: Teri Kelly, Doctor of Physical Therapy, Yoga/Mindfulness Specialist

The brain is, by far, the most important organ in our body. It is responsible for everything that we do; yet, we spend very little time understanding, protecting or caring for it. The health of our brain affects not only academic growth, but it also determines our ability to self-regulate, maintain our energy level, and handle social emotional stressors. In this workshop, we will review basic brain neuroscience and examine how it impacts our function. We will learn how to protect and care for our brain, and we will discuss simple, yet effective habits to support our own brain health to improve our well-being. We will also introduce 5 strategies that can immediately be incorporated in the classroom to promote the brain health of our students (5 to thrive), to enhance their social, emotional and academic growth.

January 14th, 2022

10:00 – 11:30

Immersive Reader in Microsoft Edge

Presenter: Farrah Rosenthal, Assistive Technology Specialist

Come learn about Microsoft's FREE assistive technology tool to support reading, Immersive Reader. In this session you will learn all about Immersive Reader. From features to practical application, see how this tool can assist your struggling readers while on the Internet and in other Microsoft applications

EDUCATIONAL ENTERPRISES – PROFESSIONAL DEVELOPMENT WORKSHOPS
Fall/Winter 2021-2022
Offered VIRTUALLY

1 WORKSHOP \$50.00 – 2 WORKSHOPS \$90.00 – Checks and P.O.s accepted

Please send payment to:

**BCSS – Educational Enterprises
540 Farview Avenue
Paramus, NJ 07652
Attn: Betsy Reeves**

REGISTER ONLINE HERE:

www.bergen.org/eeworkshops

Questions?

Please contact Betsy Reeves at 201-343-6000 Ext. 6531